From the Principal

I commence this newsletter with condolences to the family of one of our past students. Sadly, I have to advise you that Jamie Ellis, one of our former students, passed away on Tuesday 13th May. Jamie graduated from MCSHS seven years ago, and has since fought a long and resilient battle against his condition - defying all medical predictions.

Several of our long-term teachers will remember teaching Jamie, and no doubt remember his wicked sense of humour and plucky attitude. He will be particularly missed by the Skill Centre staff and others that were fortunate enough to have known him. Condolences to the Ellis-Waghorn family on the loss of your son and brother.

NAPLAN for our Year 9 students was held in the Student Centre for the first time and I would like to congratulate all students for the manner in which they approached the tests and made a very committed effort throughout the 5 test sessions. Thank you also to Andrea Evans and Lindsay Baker and their band of assistants for the preparations, management and supervision of the tests over three days.

State Education Week Sunday 18th to Saturday 24th May was celebrated at Mountain Creek SHS with a display of education past and present in the Resource Centre (thanks to Mark Wedemeyer teacher librarian), school tours for our prospective Year 7 & 8 parents conducted by our senior leaders and an acknowledgement of the work of the P&C Association by a vote of thanks on assemblies.

Thank you to all our parents who attended the ECP on Tuesday 20th May. The interviews which were booked for the first time with online bookings ran smoothly with 95% attendance on the evening. My sincere thanks to all staff for their careful monitoring of each student’s progress, and helping students to develop short and long term goals for their future education and career plans. If any parent was unable to attend the ECP interview’s I would encourage you to contact your ECP teacher and arrange an interview before or after school.

Thank you to all parents for ensuring that students have the correct winter uniform. Now that the year 12 jersey has arrived this is the only addition to the winter school uniform that is permitted. Sport tracksuit tops or jerseys are not to be worn in place of the winter jacket or pullover. 70 denier dark blue stockings from the uniform shop are to be worn as the winter option for girls. Please note that the uniform shop also has a stock of school scarves for those very cold mornings when a scarf is necessary.

Get Active Day was a huge success with over 1200 students participating in the inter- subschool cross country or the Get Active activities. I was extremely proud of the student participation and thank those parents who ensured that their students attended this whole school activity, supporting a healthy lifestyle initiative. All students walked the three kilometres from the school to the cricket grounds and back again and participated in the activities organised by our PE Faculty and our staff in our sport excellence programs – Rugby League and AFL. Congratulations to all involved on this very successful Get Active Day.

I will be travelling to China (Beijing, Xiamen and Shanghai) from the 7th to the 13th June with the Sunshine Coast Council trade mission for education and tourism to forge possible sister school relationships with schools particularly in Xiamen the Sunshine Coast Council’s sister city. I will be representing Education Queensland International promoting international education in Queensland, but also looking for opportunities to promote a semester abroad for Chinese International Baccalaureate Diploma students and students wishing to study for tertiary entry. In my absence Andrew Stone will be Acting Principal.

Cheryl McMahon
Executive Principal
From the Head of Senior School

Education and Career Planning Outcomes for Senior Students.

At time of writing our students are about to enter the important phase of the year where work is reviewed and goals are set for the remainder of the year. A few important points to note are;

- All senior subjects are assessed formatively and later, summatively. This means that for the most part, grades attained in Year 11 do not count towards the ultimate result if that subject is carried through to the end of Year 12. Apart from a few subjects, like Marine Studies, Biology and Chemistry, only Year 12 grades are counted towards the final result whether or not OP calculations for students are occurring.

- Why does this occur? This is because the Queensland Studies Authority (QSA) views Year 11 for the most part as a rehearsal for more difficult work in Year 12, and whilst students must build academic momentum towards Year 12, results attained at the beginning of Year 11 when most students are 15 years old should not hold back what should be more representative efforts when they are 17 years old.

- The concepts of “latest” and “fullest” are applied to student’s final grades at the end of Year 12. When in doubt, student’s latest work and taking into account consistency over the full course are utilised to attain the fairest assessment of a student’s placement.

- Goal setting for ECP should focus on the short and long term, seeing teachers and having a frank discussion with them is the easiest and most successful strategy in improving student results. All student work in Year 12 is assessed by criteria, rather than percentages and the understanding of how a teacher arrives at a judgement amongst any criteria is vital if a student wants to improve their grades.

- All students should now check their ranking against their cohort classmates for each subject. These are displayed at the student centre, and the QSA requires us to allow students to see this information.

Queensland Certificate of Education

A helpful booklet will soon be produced to explain the rules of the QCE to students and parents and this will be on the school’s website soon. Understanding how the QCE is attained is vital information for parents.

Practice QCS Test and Program

On the 27th and 28th of this month, students eligible for an OP score will sit a final practice test(s). It is compulsory that they attend. They have also recently undertaken a Master Class with expert presenters from Mighty Minds, to better understand their weaknesses from the recent practice test. This kind of rigorous preparation will ensure that student results continue to improve.

Parents can assist by ensuring students leave home that day with the correct equipment for each section of the test. This can be found at http://www.qsa.qld.edu.au/2318.html The school uniform shop has a stock of QCS packs available for purchase.

QPS Support

I recently attended a very informative discussion with the local police Sergeant Gavin Marsh, supervising Officer of Maroochydore Station. There are a host of resources available for parents about topics that affect you as parents, and the links to these are supplied below.


This website is a link to the Queensland Police event safe information it has all the information on how to register a party and related legislation.


The above website is a police website dedicated to Sunshine Coast Police and other major events and community news.

Attendance

Parents and caregivers must send children to school every school day under Queensland law unless there is an acceptable reason such as:

- illness
- doing work experience
- competing in school sporting events

If your child is going to be absent from school, you must let the school know why the absence has occurred within two school days of their return. If possible, it is best to advise the school beforehand.

Avoid keeping your child away from school for reasons such as:

- birthdays
- shopping
- visiting family and friends
- if they sleep in
- looking after other children
- minor check ups or care, such as hair cuts

Routine medical or other health appointments should be made either before or after school or during the school holidays.

Establishing good routines around school can assist with regular school attendance. These include:

- have a set time to go to bed
- have a set time to get out of bed
- have uniform and school bag ready the night before
- have a set time for starting and finishing breakfast
- set a time for daily homework activities
- speak about school positively
- send your child to school every school day including their birthday and the last day of term from Prep.

Best Wishes

Andrew Stone

Head of Senior School
From the Head of Junior Secondary

National Assessment Program – Literacy & Numeracy – Year 9 Students

The National Assessment Program - Literacy and Numeracy tests were conducted across 13th, 14th and 15th of May 2014 for all students in year 9.

We would like to commend our Year 9 students on their outstanding efforts with the preparation for these 5 tests. We look forward to the continuation of excellent results which have consistently been above the National benchmarks. Teachers who have been involved in assisting students to prepare for these tests, as well as improve literacy and numeracy of Junior Secondary School students, are to be commended for their commitment to excellence.

Careers

We would like to thank our whole school community for a successful ECP evening. We appreciate the time you have taken to come to the school and the active interest you have taken in your student’s academic progress and planning for successful future pathways.

In year 8 and year 9 it may be difficult for students to know and make decisions about what career pathway to take after they leave school. The following websites have been designed for students to spend some time exploring opportunities which exist for them. They are available for use both at school and at home and can be accessed online, using user names and passwords where necessary.

Please continue to spend some time at home discussing where your student’s interests may take them!

Parents can assist students in preparing for ECP interviews, and investigations into careers through this website. Students use the same login for their computer access at school.

The website is oslp.eq.edu.au (there is no www or .com)

<table>
<thead>
<tr>
<th>Web Based Resources</th>
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<tbody>
<tr>
<td>WIRL Career</td>
</tr>
<tr>
<td>User name: mountaincreek</td>
</tr>
<tr>
<td>Password: chaser19</td>
</tr>
<tr>
<td>Good career quiz facility – 20 questions and then you can look at the types of jobs you may like doing or be suited to.</td>
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<tr>
<td></td>
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<tr>
<td>Job Guide online</td>
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<tr>
<td>An outline of a broad range of careers together with the courses and experience required.</td>
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<tr>
<td>My future</td>
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<tr>
<td><a href="http://www.myfuture.edu.au">www.myfuture.edu.au</a></td>
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<tr>
<td>Designed to help explore and plan your career</td>
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<td></td>
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<tr>
<td>QTAC</td>
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<tr>
<td><a href="http://www.qtac.edu.au">www.qtac.edu.au</a></td>
</tr>
<tr>
<td>The Queensland Tertiary Application Centre – information on University courses and entrance requirements</td>
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</tbody>
</table>

Term 1 - Academic and Term 2 - Cross Country Awardees

On our year 9 assembly on the 12th of May we acknowledged the year 9 students who have achieved in the top 10% of their cohort. This is an outstanding effort considering there are 304 students in year 9. Year 8 students were also acknowledged on their respective sub school assemblies. Congratulations to all awardees.

We have also acknowledged our Get Active Day (Cross Country) winners. Our Junior Secondary students were outstanding on this day and should be congratulated on their participation and sportsmanship.

Young Scholars

Congratulations and special thanks to our senior students and staff for again volunteering to work with our Year 6 and 7 Young Scholars. In week 3 students were involved in activities in the areas of Creative Industries, Design and Digital Technologies. This continues to be a fantastic opportunity for students to experience enrichment activities in a secondary school setting.

Year 7 Precinct

Despite the rain, work has continued on our Year 7 precinct. We look forward to having this building project completed and having students able to access these classrooms via covered walkways.

Andrea Evans
Head of Middle School

Senior School

An opportunity for your son/daughter to celebrate ‘schoolies’ with a difference!

In partnership with the yLead Association we are proud to offer you safe, controlled and exciting alcohol-free ‘Schoolies’ alternatives. They are not ‘ordinary’ travel expeditions or holidays, they are an opportunity to become immersed in awesome new environments and discover so much about life and its endless possibilities! These trips are designed and facilitated by yLead staff – experts in the field of youth development.

Parent Information Night

Tuesday 20th May, 2014
Mountain Creek State High School
5:30 pm - 6:30 pm - Room: G107
RSVP to emma@ylead.com.au
Thrill Out: New Zealand - (15 places remaining)
Departs Brisbane. – 6 Dec. 2014
One action-packed week in the North Island of New Zealand for students to celebrate the completion of their secondary education. This experience combines a thrilling range of high-adrenaline activities with a powerful Maori cultural interaction and meaningful community service challenges. All of this is done in the unique and powerful yLead environment. Thrill Out is a fun, safe and exciting alternative to the traditional Schoolies!
Expedition Fee: $2895
(Inc. flights from Brisbane, accommodation, meals, travel insurance, tour activities and yLead leaders.)

Help Out: Cambodia - (5 places remaining | Departs Brisbane. – 29 Nov, 2014)
One heart-warming week in Siem Reap, Cambodia for students to celebrate the completion of their secondary education. On this experience the students will spend their mornings exploring the country’s unique attractions and their afternoons volunteering as a supply teacher in Math or English at a local community school. Another safe, fun and exciting alternative to the traditional Schoolies all in the unique and powerful yLead environment.
Expedition fee: $3395
(Inc. flights from Brisbane, accommodation, meals, travel insurance, tour activities and yLead leaders)

Tanzanian Immersion - (10 places remaining | Departs Bris. – 27 Dec, 2014)
A 23 day life changing immersion in which students will be inspired by extraordinary Aussie, Gemma Sisia and The School of St Jude; serve local primary schools through coaching and teaching; challenge themselves trekking to the summit of Kilimanjaro; and discover a new culture with an African home-stay, safari and island escape to Zanzibar.
Expedition Fee: $7900
(Inc. flights from Brisbane, accommodation, meals, travel insurance, tour activities and yLead leaders)
Note: Entry visa, vaccinations and spending money not included

To find out more about any of the travel experiences simply click on the image of your trip of interest to download the info kit. In the info kit you will find a detailed itinerary along with your frequently asked questions. Please register your interest for attending the ‘Mountain Creek Parent Information Night’ by emailing emma@ylead.com.au or phone 07 3368 3444.

International Baccalaureate Update
The IB Pathway
Mountain Creek SHS decided almost 10 years ago to offer students at Mountain Creek SHS an alternative pathway for their senior schooling. Engaging with the International Baccalaureate Organisation a non-profit educational foundation established in Geneva in 1986, MCSHS decided that the IB pathway would offer a significant opportunity in our community. Hence they sought accreditation as an IB World School and began to teach this international, academically rigorous, balanced curriculum. The IB Diploma programme like many pre-universities courses educates students broadly with a requirement to experience a range of subjects – sciences, literature, humanities, mathematics and a second language. Further, students are prepared for final exams that grade them amongst students from around the world. While the academic side of the IB Diploma is well known, a holistic philosophy underpins the IB programme as students that encourages them to broaden their life’s experience creatively, actively, and in service to people and in projects that they identify as significant. The Diploma seeks to provide students with a truly international education encouraging international perspectives, intercultural understanding and respect.

IB learners strive to be
http://www.ibo.org/programmes/profile/

INQUIRERS KNOWLEDGEABLE THINKERS COMMUNICATORS PRINCIPLED OPEN-MINDED CARING RISK-TAKERS BALANCED REFLECTIVE

For more information regarding the IB: view their
http://www.ibo.org/

IB Preparatory Pathway – Admissions Process

<table>
<thead>
<tr>
<th>Key Dates</th>
<th>Year 9 2014 into Year 10 2016</th>
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<tbody>
<tr>
<td>16 June 2014</td>
<td>Information Session (6:30 pm)</td>
</tr>
<tr>
<td>16 June 2014</td>
<td>Applications Open</td>
</tr>
<tr>
<td>24 June 2014</td>
<td>Applications Close</td>
</tr>
</tbody>
</table>
TOK May Evening Conference – An Intellectual Affair.

Wednesday May 14 marked yet another successful evening of thought provoking presentations from a range of extraordinary speakers.

Year 10, 11 and 12 IB students were invited to challenge their way of seeing things in the world by considering topics such as the sense of truth; morality and the destruction of humanity – clearly not for the faint of heart!

Theory of Knowledge is a core component of the International Baccalaureate Diploma Programme and calls upon students to engage with the IB Learner Profile which includes the practice of being reflective in their consideration of the world, their own ideas and experience; communicators who listen carefully to the perspectives of other individuals and groups as well as being knowledgeable by developing a conceptual understanding by exploring knowledge across a range of disciplines. And engaged they were…

Students gained a firsthand glimpse into the finer details of their current and future IB journey and TOK experience with presentations from 2013 IB graduates Yorik Janssens and Tal Szumer Menashe. Presenters also included staff members Mr Zain Divecha and Mr Witton Rutherford who carried the attention of students with their respective topics in terms of providing a global and somewhat galactic approach to challenging – how they know what they know – the fundamental premise of TOK.

Student participation was clear and well considered on these topics that challenged their ways of knowing within the world in which they live. Time itself was challenged as students engaged our presenters with questions and offerings for discussion.

In addition to the evening conference, feedback from students, presenters and parents was positive and flowed over into the Theory of Knowledge sessions that followed during the week.

Congratulations and many thanks to all students for your participation.

See you at the next one!

Elizabeth Mullighan
Theory of Knowledge Coordinator
International Baccalaureate Programme

IB World Student Conference - University of Queensland – 6th to 12th July 2014

Four of our students in Year 11 IB will join over 114 students from around the Asia Pacific and beyond at the annual IB World Student Conference that we are lucky to have on our doorstep at University of Queensland. These students will participate in a residential style conference living on campus at Kings and Womens’ Residential Colleges, attending daily sessions delivered by keynote speakers including:

Bobby Whitfield fled Liberia as a teenager during the 1990 civil war and spent eleven years raising his five younger siblings in refugee camps in Guinea. He settled in Australia in 2003 and has become an impressive leader and community development worker. He graduated from The University of Queensland in 2011 with a Masters of Development Practice.

Karni Liddell is a Paralympian, businesswoman, commentator, writer, counsellor, fundraiser and disability champion with an infectious and unique attitude on life. Karni has risen over a million dollars for the various charities she supports, including the Australian Paralympic Committee.

Jharal Yow Yeh is a professional rugby league footballer and an Aboriginal Australian of the Margany tribe. In addition to playing for the Brisbane Broncos, he has played for the Indigenous All Stars and for Queensland in the State of Origin. Told he might never play again after a compound fracture of his right ankle in 2012, he endured 10 rounds of surgery and returned to the field for the Intrust Super Cup. Jharal is an ambassador for equal access to education.

The theme of the Conference will be “Empowering diversity: exploring ways to make an impact in all communities” and conference delegates will work with international GAT leaders to develop a plan of action in response to the conference themes.

Ms Elizabeth Mullighan (IB TOK Co-ordinator), Trisha Valentine (IB Co-ordinator) and Macarena Herrera (IB Spanish teacher) are all involved with the conference at leadership level. I look forward to hearing from our students after the conference.

IB Asia Pacific Conference 2014

IB teachers at Mountain Creek SHS are part of a world community of teachers and educators who strive to make a difference in their classrooms and their communities developing inquiring, knowledgeable and caring young people. In March this year over 1,100 international educators involved with the IB in the Asia Pacific area met in Singapore for the IB’s 28th annual Asia Pacific Conference. Within the theme “Ways of Knowing” participants heard from renowned and thought provoking
speakers from the worlds of education, science and creativity. The speakers challenged participants’ preconceptions and created a space to explore and discuss innovations in teaching and focus on ways to empower students with a challenging and holistic education. Highlights included three inspiring keynote speakers, Professor Marcus du Sautoy, OBE; Richard Gerver and Professor Lawrence Krauss and a group of talented illustrators who created a buzz at the conference and on social networks by creating visual representations of participants’ reflections on sessions as they happened. See and enjoy the Knowledge Wall pictured.

Keynote speakers presentations are available on iTunes.

From the Resource Centre

Uber Rubix Cube

Remember the rubix cube, well enter the uber rubix cube. 9Gs Ewan McCononisky mastered the puzzle in just 6 hours, in between Naplan tests and sleep. The rubix cube is an example of a game that tests and improves spatial intelligence.

Spatial intelligence or visual thinking is the ability to comprehend three-dimensional images and shapes. This is a primary function of the right side of the brain and is used when solving puzzles, figuring out maps and taking part in any type of construction or engineering project.

While spatial intelligence usually involves vision it also incorporates abstract and analytical abilities that go beyond merely seeing images. Recognizing the image, knowing its relationship to other surrounding objects and displaying the organizational structure of a thought are all involved in spatial intelligence.

Training and improving your spatial intelligence can help improve many areas of your brain including memory, cognitive ability and thinking. People who can visualize solutions or patterns to solving a problem have a distinct edge over people who have to have everything laid out before they can try to find a solution.

More ideas of how to train your brain and improve your spatial intelligence - http://www.brainmetrix.com/spatial-intelligence/

Brainmetrix 2014

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Maths News

Switched on to Maths

Students need to be ‘switched on’ to maths, says researchers.

The precarious decline in children’s participation in mathematics can only be reversed by tackling a complex mix of factors, including positive and negative attitudes of a student’s parents, peers and teachers, new research has found.

The study, published in the Journal of Educational Psychology, is the first to reveal that ‘switching off and switching on’ to maths needs to be addressed in different ways.

“A two-pronged approach is essential. Not only is it crucial to stop students disengaging, but it is also necessary to take deliberate actions to kick start their engagement in mathematics”, chief investigator Associate Professor Janette Bobis said.

The study was prompted by ongoing concerns about school and post-school participation in mathematics. In 2010, a panel of the nation’s top mathematicians described maths participation as being at dangerously low levels.

“Switching off from mathematics is a significant factor in the declining trend in the mathematical performance of children in Years 6 to 8,” said Associate Professor Bobis. “Previously, experts have just focused on either switching off or switching on, or have assumed both are the same.”

Along with co-researchers Professor Andrew Martin, Associate Professor Judy Anderson and Dr Jenni Way, Associate Professor Bobis investigated the motivations and behaviour of 1601 students in Years 6 to 8 from 200 classrooms in 44 Australian schools.

At home, parents interest in mathematics and in helping their children with mathematics were major factors affecting middle year student’s engagement and disengagement.

According to Associate Professor Bobis; “Parents can have a really positive role to play – including stressing positive attitudes to mathematics and building up their child’s self-belief.

“But almost all major contexts in a student’s life were found to affect their engagement and disengagement home, school, class. Other factors relate to a student’s personal attributes, such as their confidence to do mathematics, the value they placed on the subject, their enjoyment level and in the case of switching off mathematics, their anxiety level.”

In the classroom, overall classroom climate was a major influencing factor that impacted strongly on individual students.

“If a school is going to do something to improve mathematics competencies they need to come from two or three angles to enhance the children’s self-belief and promote their positive engagement with mathematics. But they also need to develop strategies to reduce the negative attitudes to maths, such as anxiety and negative parental attitudes to maths.”

Because various contexts impact in distinct ways, parents, teachers and the students themselves have unique roles and responsibilities in terms of increasing engagement in mathematics and addressing disengagement.
While the study involved Australian students, the implications have enormous international significance for reducing student disengagement in mathematics and promoting more positive intentions for students’ involvement in mathematics at school and beyond.

Switching On and Switching Off in Mathematics, An Ecological Study of Future Intent and Disengagement Among Middle School Students was published in Issue 1, 2012 of the Journal of Educational Psychology.

Science Update

Mountain Creek Titrators Gain Valuable Experience

Nine Mountain Creek State High students participated in the regional round of the annual Royal Australian Chemical Institutes (RACI) National Titration Competition, with the team comprising of Jordan Seirlis, Curtis Browne and Maddi Burke taking out 3rd position in spectacular fashion. The competition was held at the University of the Sunshine Coast (USC) on Saturday 10th of May where the Mountain Creek teams faced tough competition from other local schools on the Sunshine Coast and surrounding region. Some of the competing schools included Narangba, Calundra High School, Southern Cross Catholic College, Sunshine Coast grammar and St Columbans.

The students competed in three teams of three comprising of Team 1: Curtis Browne, Maddi Burke and Jordan Seirlis Team 2: Alex Hendry, Lara Culley and Lachlan Thomson, and Team 3: Cassidy Smith, Matt Gilligan and Katie Tomlinson. The students collaborated to perform six to eight titrations in an hour and a half. The aim is to calculate the most accurate result performing excellent titrations and displaying exceptional teamwork. Special mention must go Alex Hendry who performed exceptionally well and received a very accurate final result, differing from the accepted value by only 0.0001 units.

The students were enthusiastic in their preparation for the event, practicing during lunchtimes to ensure they would be competitive against the largely private school competition. All students expressed how much they enjoyed the event, and with three of the participants currently in grade eleven these results bode well for next year’s competition.

Year 8 science students shine bright like a diamond

Year 8 science students continue to improve their laboratory skills by growing some impressive looking crystals comprised of the compound aluminium potassium sulphate (potash alum). The students have been nurturing their crystals for 3 weeks now after conducting their nucleation procedure to get the crystals started. This delicate method involved creating a super saturated solution by heating, dissolving and cooling the alum. The students have been meticulously trimming and feeding their crystals to ensure they increase in size but also remain perfectly formed.

In addition to enhancing their laboratory skills the students have learnt valuable chemistry concepts involving the organization and bonding in crystals, in particular that they are structures that are formed from a regular repeated pattern of connected atoms or molecules. The students will continue to grow their crystals throughout the term in a friendly competition between all year 8 science classes.

SOSE Department News

Inside the Classroom

Throughout the last couple of years Education Queensland - Sunshine Coast District, has adopted a new teaching methodology called the Art and Science of Teaching (ASOT) to ensure that the learning needs of all students are being met. The introduction of this method has seen Mountain Creek staff undergo many hours of training and the result so far has been very successful. One such successful example of this method was captured in Mrs Bianca Tsakissiris’ classroom late last term as she prepped her kids for some rather difficult assessment. The grades produced indicate the high success of this new method but the fun the students have had with this new learning style is the greatest reward!
Celebration of Success!

The Social Science staff would like to congratulate the following students for their outstanding results in the classroom! We hope that you continue with our subjects in the coming years and continue to love SOSE as much as we do! Congratulations!! The following students all received an A standard in their SOSE subject(s):

<table>
<thead>
<tr>
<th>Ainsley Van Egmond</th>
<th>Devon Kahika</th>
<th>Joshua Wynne</th>
<th>Maggie Panagian</th>
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<tr>
<td>Aleah Murray</td>
<td>Ella Jeff</td>
<td>Justine Hayman</td>
<td>Marlee Cameron</td>
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<td>Alex Burns</td>
<td>Elle Graves</td>
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<td>Alex Wright</td>
<td>Elsie Rees</td>
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<td>Alexander Baldry</td>
<td>Emily Baldry</td>
<td>Kate Skinner</td>
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<td>Alli Hayden</td>
<td>Emma Conway</td>
<td>Katelyn Mackison Young</td>
<td>Millie Winkler</td>
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<td>Alyse Stimpson</td>
<td>Georgia Beaumont</td>
<td>Katie Howell</td>
<td>Mitchell Lambert</td>
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<td>Amber Schiavone</td>
<td>Georgia Le Comte</td>
<td>Kellie Bartlem</td>
<td>Morgan Chappel</td>
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<td>Amity Anderson</td>
<td>Hailey Lea</td>
<td>Kelly Crawford</td>
<td>Missy McColin</td>
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<td>Annaliese Giegerl</td>
<td>Hannah Brunn</td>
<td>Khalisa Amir Hamzah</td>
<td>Niall Gilday</td>
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<tr>
<td>Annie Gordon</td>
<td>Harris Ashton</td>
<td>Kirby Van Egmond</td>
<td>Olivia Cherry</td>
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<td>Beci Brown</td>
<td>Harrison Weitenberg</td>
<td>Kirsty Clifford</td>
<td>Olivia Downey</td>
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<tr>
<td>Bella Zimmermann</td>
<td>Hayley Malinder</td>
<td>Kloe Ferreira-Montague</td>
<td>Patrick Kennedy</td>
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<td>Ben Murphy</td>
<td>Holly Clark</td>
<td>Kristy Frasa</td>
<td>Patrick White</td>
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<tr>
<td>Ben Van Eyk</td>
<td>Indi Knight</td>
<td>Ky Fitzpatrick</td>
<td>Piper Lenske</td>
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<tr>
<td>Beth Underwood</td>
<td>Isabella Summerfield</td>
<td>Kyle Aimer</td>
<td>Regina Vella</td>
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<td>Brayden Huston</td>
<td>Isabelle Blackstone</td>
<td>Lachie Iott</td>
<td>Renae Saunders</td>
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<tr>
<td>Brianna Macdonnell</td>
<td>Jacinta Davis</td>
<td>Lachlan Bougoure</td>
<td>Rose-Ann Breedt</td>
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<td>Briar Flemming</td>
<td>Jackie Shroff</td>
<td>Lachlan Conway</td>
<td>Ruby Lawrence</td>
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<td>Brooke Randall</td>
<td>Jacob Paterson</td>
<td>Lara antich</td>
<td>Sabrina Fry</td>
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<td>Caity Mullan</td>
<td>Jade Savanh</td>
<td>Larissa Ingle</td>
<td>Sahara Close</td>
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<td>Carlos Swabbrook-Murray</td>
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<td>Charles Goldstraw</td>
<td>Jasmine Macdonnell</td>
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Year 12 Modern History – Chinese Bonding Time

On Wednesday the 30th April, the Year 12 Modern History classes were presented with an opportunity to take part in a real cultural experience as a well-deserved reward from all of our hard efforts in our unit about China last term. All 16 of us enjoyed a relaxing evening reminiscing in our achievements while bonding over some San Choi Bow and Steam Dim Sims at Bauhinia Chinese Restaurant in Mooloolaba. It was an excellent way to celebrate the end of our very last term one, in a laid back and fun sort of atmosphere!

**By Sophie Wilson**

Modern History Students Remember

This term in Modern History, year 11 students have been learning about Australia’s involvement in World War Two. On Wednesday 30th April, all students attended an excursion where they got to visit places of historical significance around the Sunshine Coast. Students started the day at Caloundra where they visited the Centaur War Memorial. Students were able to learn about the Australian Hospital Ship that was torpedoed by the Japanese, as well as pay their respects to the men and women who were tragically killed. Students then travelled to Nambour and to Cotton Tree where they got to visit the Cenotaph that was built to remember those who lost their lives fighting for our country. Students also got to visit the RSL museum where they learnt about the past from reading the diaries of troops who served in World War One and World War Two. Students spoke to ask Joe, an RSL representative about the history of the museum. Students really enjoyed being able...
to look at, and touch, the artefacts that were donated to the museum by members of the public. It was a great day had by all.

Kate Benfield
Head of Department
Social Science

Home Economics
It’s Chef Challenge time again!

Two of our Year 10 Home Economics students, Naomi Wallis and Demi Malin, have been keen to experiment with chicken dishes in preparation for the 2014 Junior Secondary Schools Culinary Challenge organised by the Australian Culinary Federation. The girls’ positive attitude and love of cooking will serve them well for the competition. There are strict criteria to follow for the competition. Quantities, techniques, team work, hygiene, safety, time management and the inclusion of an indigenous component will be closely scrutinised by the judges. Chef Luke Searson from Via Italia has been guiding Naomi and Demi on their journey to the Sunshine Coast regional finals.

We are fortunate to have Luke as our mentor chef once more. Luke is so committed to encouraging and training students to enter the hospitality industry that he has taken on the role of Sunshine Coast Advisory Chef to other chefs who wish to be involved in the training and mentoring of students in our region. This is in addition to running Via Italia, so we really appreciate him giving up his time to attend the practice sessions, master classes and competition day with our students.

Demi and Naomi are looking forward to the mentoring sessions at school, as well as master classes organised and presented by the Australian Culinary Federation, so that they can perfect preparation and cookery techniques and gain a deeper understanding of the criteria for the competition. They have really appreciated the feedback so far from Chef Luke.

Update on Traineeships and Apprenticeships

Josh Marsden was offered an apprenticeship as a chef at Via Italia, after impressing Luke & Corey during the culinary challenge last year. Josh’s work at Via Italia has confirmed that he is well suited to becoming a chef; his passion for cooking and working in the restaurant continue to develop and are clearly evident in any visit to Via Italia when Josh is working. His skills and commitment have seen Josh become a valuable member of the Via team.

Jaide Hill was offered and accepted a traineeship in hospitality operations at Via Italia. Jaide has a warmth that makes every customer feel welcome at Via. Jaide started her traineeship in Year 10 to enable her to gain experience in the hospitality industry, while still allowing her to focus on a more academic pathway in Years 11 & 12. Jaide will use her hospitality skills to financially support her university studies and eventually re-enter the hospitality industry at a higher level. She is training under the guidance of Amy in front of house at Via. Amy is exceptionally skilled in her duties, as she trained in 5-star establishments, making her a fantastic mentor for Jaide. If students are interested in a traineeship, please see Mrs Quilty at Student Services or Mrs Toomey at Bribie sub-school.

Year 11 Hospitality students participate in Eumundi Market Chef Showcase

Jade Archer, Gabby Atkinson, Chloe Brown and Mel Ingall represented our school at the Eumundi Market Chef Showcase on Wednesday, 14th May. The event, held over several weeks, provides hospitality students from the Sunshine Coast the opportunity to work with qualified chefs from some of the coast’s best restaurants.

Our students were mentored by two aspiring chefs, Britt and Jack from Noosa’s Bistro C. Britt and Jack were themselves students at Sunshine Coast schools just four years ago, when they were given an opportunity to complete school-based apprenticeships at Bistro C. Jack was involved in Market Chef as a student and it is great to see young people giving back to the community through this program.

Luke was involved as our mentor chef last year, along with Chef Corey, where they observed our students from the start, provided feedback to students and then chose the two teams to represent our school. Corey, who also assisted our students last year, is embarking on a new journey in his career as a chef and leaves for a two year stint in the UK in July. We thank Corey for his involvement and wish him well.
Jack and Britt demonstrated the techniques for Pan-seared Goldband Snapper and Warm Quinoa Salad, which included roasted capsicum and pomegranate with an orange anise beurre blanc (sauce). The students then prepared this seafood recipe in front of a crowd of onlookers. The food was delicious and well presented.

These young ladies worked well together, with any nervousness disappearing quickly and being replaced by smiles. Jade, Gabby, Chloe and Mel really enjoyed the experience, which also involved being interviewed by Daisy, a journalism student at USC. They were wonderful ambassadors for our school.

The school would like to thank Georgia, Katie and Peter from Eumundi Markets, Britt and Jack from Bistro C for providing this opportunity for our students and mums Dawn Atkinson and Leanne Ingall for transporting the students to and from the event.

**Sustainable Textiles**

The focus for year 10 Home Economics this semester is “sustainability”. Term 1 saw the year 10 students repurposing unwanted business shirts into renewed usable cushions. All concerned [teachers and students] were amazed at how well the cushions turned out.

**Skill Centre News!**

“**Our Best Life Skills Camp So Far” – Claimed By Mr Linthorne**

Each year the Skill Centre senior students head off for a Life Skills Camp at a nearby location to experience a few days away from the comforts of home. One reason to do this is to continue their relationship building with each other and with staff. They are also challenged to develop essential life skills away from the comfort and security of their home environment. We are extremely pleased to report that the students excelled in all areas, such as: team-work; looking out for each other in new situations; organisational skill; responsibility and dealing with public transport in a busy city.

After hugs and farewells from parents, it was “all aboard” as we left the Nambour train station for our bustling nearby capital city, Brisbane. First up was the impressive sight of King George Square in full autumn sunshine and some eye-catching statues as reminders of our fallen heroes during war-time. The weather co-operated nicely as student teams were responsible in their teams, with their supervisors, to make their way on foot from central Brisbane to South Bank. Along the way, students appreciated the wonderful Botanical Gardens and the city views from the pedestrian foot-bridge as they crossed the Brisbane River.

Following our BBQ at South Bank, a highlight of the day was heading up for beautiful city evening views from “The Wheel of Brisbane”. After that, and a huge day, students were ready to head to their accommodation in the classrooms of Michelton Special School, generously provided by the Principal there. Over the next two days, students were treated to a variety of experiences, such as the Disability Services Expo at the showgrounds (with enjoyable music and circus acts workshops), visits to the South Bank Science Museum and Art.
Museum, and a cruise on the City Cat river ferry past various historical and scenic city sights.

A very special mention has to be made of the entire team’s excellent behaviour, attitude, engagement and maturity throughout the trip. The staff was extremely impressed with their students, and it was a tired but very happy crew that arrived back at Nambour station at the end of the three days away. A special thankyou goes to Mr Mark Jarvis for his tireless logistical help and care of students and Ms Shenai Camilleri (Prac Teacher) who provided great support.

Tony Burger

Tony Burger
Email: tburg52@eq.edu.au

Cody Wilkinson, Fin Murray, Sally Gidney and Alysha Akroyd-Stuart at the Disability Services Exhibition

Where has the rest of Emily Gaukroger gone? (Science Museum)

Annette Pike, Nicholas Clarke, William Terry and Alysha Akroyd-Stuart enjoying some down time together at South Bank

Early Childhood

From Little Things Big Things Grow

Cert III Children’s Services is in its 3rd year at MCSHS. Students completing this certificate will be qualified to work in Early Childhood Centres, run their own Family Day Care or be employed as a Nanny or Au Pair.

This term we have started a playgroup on Wednesday’s 10:30-11:30 am, for children aged 1-5 years of age.

The Cert III Children’s Services is very hands on. The students complete written assignments, complete 200 hours Industry placement and a First Aid certificate.

The playgroup is exciting as we see our students using their skills and knowledge to care for and interact with young children. The Childcare room has been painted and decorated to mimic a childcare centre. Our students use blocks, puzzles, books, play dough, craft, cars, trucks and more to interact with the children.

If you live in the local area and are interested being a part of our playgroup we’d love to hear from you. Please contact Jenny Randall jrand32@eq.edu.au or Madonna Reynolds mreyn13@eq.edu.au or phone 5457 8394 for more information.
News from the IT Faculty

Current Happenings in the IT Faculty

The following is a brief list of what is currently happening in the IT faculty:

- Programming Challenge Day (PC4G) involving all year 9 Zenith students in Robotics, Mobile App Design and Object Oriented Programming
- Google Experience Day involving all year 10 students, year 8 Zenith students, parents and senior staff from the primary schools in our cluster
  NOTE: If any further parents are interested in attending the Google presentation on May 30 from 8.50-9.50am, please email Graeme Breen (gbree3@eq.edu.au) and advise the number of seats to be reserved
- Excursion by all year 9 Computer Education students to the University of the Sunshine Coast to see the Serious Game Design unit so students can see the application at a higher level of the Scratch program they have been learning
- Our new Creeker Design logo and branding (designed competitively by year 11 IT students) has been selected and will be revealed soon – once our branded sample marketing products arrive.
  NOTE: Creeker Design is the IT faculty’s simulated design and production studio under which Senior students develop products for clients including: graphic design, mobile apps, traditional PC games as well as games for touch-devices (e.g. mobile phones, tablets, etc), and other design-based solutions.
- Planning of additional units is being finalised on: Augmented Reality, real-world applications of technology, Python programming and Touchscreen Kiosk design. These units are for rollout across various year levels.

More programmers? Not at all...

Following some discussions held recently with parents, it appears that there may be a perception that the IT courses and in particular the new Digital Technologies course of the Australian Curriculum, is primarily targeted at equipping students to move into careers as programmers – this is most definitely not the case!

Most students will go on to careers that don’t involve programming, but which will be very heavily intertwined with use of IT – whether that be health, construction, design, journalism, medicine, town planning, engineering, environmental protection, or almost any job and even more so in the future. Computers are an integral part of most careers so having an understanding of what is possible with a computer, how it happens, and what the implications are for students’ possible career choices, is the aim of all of the IT faculty offerings across all year levels.

Our aim is not to develop programmers but to develop capable IT users who are comfortable with the technology – a very employable attribute.

Follow us on Social Media

We’re trialling a Twitter stream in 2014 to keep parents and interested others up to date with current happenings in the IT Faculty at MCSHS. Follow us at @CreekerIT and find out about our new courses, new software and technology being introduced, and additional pathways to universities being added all the time!

Graeme Breen
ICT Curriculum Coordinator
email: gbree3@eq.edu.au
Twitter: @CreekerIT, @BreenGraeme

News from Creative Industries

Creative Generation Visual Art Awards Opening

Nathan Grisci a Year 12 art student from 2013 was selected to represent our school and region in the Creative Generation Excellence Awards in Visual Art exhibition at the Museum of Contemporary Art in Brisbane. This is a state government initiative which aims to recognise and promote excellence in senior visual art education throughout Queensland state and non-state school schools and one section of Nathan’s entry entitled ‘Lost City’ is shown here. Nathan’s art stood out from among the other finalists as work of imagination and sophistication. The minister for the Arts John Paul Langbroek who opened the exhibition expressed his admiration for quality of the work on show.

Visual Art Students Turn to Sea Life for Inspiration

Year 9 Art and Year 8 Academy students spent time at Underwater World Sea Life this term as part of their 3D Art Natural Forms unit. The unique and diverse views of aquatic life offered by this facility were inspirational and fascinatingly informative to say the least. Students spent time drawing and photographing their chosen subjects and have been using these responses as elements within their sculptural designs back in class. Thank you to Mr John Drake and Miss Tarla Varney for accompanying the students.
Dance Company Steal the Show

Dance Company students participated in the recent Sunshine Coast Eisteddfod, with our Senior group scoring 2nd place and our Junior group scoring 3rd place! With 39 competitors, we are very proud of our students’ achievements. Thank you to teachers Mrs Bradley and Mrs Jones for their hard work.

Analogue Digital Brisbane 2014

Four lucky Year 12 students represented Mountain Creek SHS at the recent Analogue Digital Creative Conference in Brisbane. The conference showcases the work of emerging and established Design/Visual Art professionals and attracts students and professionals within both fields. A highly exciting and engaging conference for our students to attend, Megan, Kira, Amelia and Zak returned to school inspired to make their creative mark on the world.

Young Scholars Get Active

Year 6 Young Scholars students experienced their creative side on Thursday May 8, participating in a series of Drama and Dance workshops. Students had a great time and we look forward to welcoming them into studying the Creative Industries when they arrive at Mountain Creek SHS.

Creative Industries Parents .....We need you!

If you would like to be involved in the Creative Industries, we are looking for parents to be a part of our Creative Industries Sub Committee (a Sub Committee of the P&C), who meet just once a term to work on various projects, each raising the profile of the Creative Industries at Mountain Creek SHS. All interested parents and community members welcome. Please contact Head of Department Jess Wall on jwall77@eq.edu.au or 54578337 for more details.

Jess Wall
Head of Creative Industries

8 CIA Dance Workshops

SOLE Studios is an exclusive Hip Hop Dance Studio on the Sunshine Coast. Year 8 Creative Industries Academy Dance students have enjoyed a series of workshops during their Tuesday CIA Dance lesson with Jess from SOLE Studios this term.

News from the Falcon’s Nest

Fraser Celebrates their Honour Roll Students

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Jess Wall
Head of Creative Industries
Fraser Feast

Every term we honour those students who have amazing behaviour and industry grades and celebrate with an Aussie sausage sizzle. This term’s group consisted of some amazing kids! We thank you for your continued effort.

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Kate Benfield
Head of Department

News from the Sports Department

Get Active Day

On Friday 9 May the combined GET ACTIVE DAY and Intersubschool Cross Country Event was held at the Maroochydore Cricket Club grounds. The day dawned bright and clear (a relief after the rain of the day before!) and from Morning Tea time the students and staff were abuzz with the excitement of this fantastic event.

The competitors met early and walked up to the grounds followed closely by ALL students and teachers and school administration. During the time at the cricket grounds the GET ACTIVE participants jogged a mini-cross country, played some AFL under the tuition of members of the AFL Academy program and worked hard on their footy passing with the Rugby League lads. The walk up and back was fun and gave students a chance to chat and enjoy the fresh air and class mate company!

Everyone thoroughly enjoyed their day and were active in many different ways.

In conjunction with this GET ACTIVE DAY we also ran our Annual Cross Country event to determine House points for the CREEKER CUP. Following the scoring of the State and Regional Events only the top four runners for each subschool scored points but other runners could cause runners from other subschools to fall into much lower places – this is a real TEAM event because everyone has the opportunity to contribute strongly to their teams!

The subschools were fighting hard all day with all four having the lead at various stages. The final positions were determined in the last race of the day when the Bribie Open Girls worked brilliantly together to sneak into the overall team lead as all four runners finished well up the list. Final positions for the events were:

1st: FRASER 2nd : BRIBIE 3rd, tie for MORETON and STRADBROKE with only 61 points separating first and fourth!

This up tightens the race for the CREEKER CUP bringing Fraser up to match Bribie but with many events left this year the overall race to the CUP is wide open. Congratulations to Fraser on this great overall team performance.

The MCHS School Cross Country Team now competed on Monday 19 May in the Central District Cross Country Championships. This is the first time this event has been held we are proud to say MCHS won overall girls, overall boys and overall trophy, an outstanding event.

Also, thanks goes to the Maroochydore Cricket Club for the use of the excellent facility and their outstanding cooperation in the organisation of this event. 2015 will be bigger and better with more activities and more fun for all.

2014 Cross Country Results

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<th>Event</th>
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<tr>
<td>13yr Girls</td>
<td>Ruby Lawrence</td>
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<td>Kyle Aimer</td>
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<td>Eden Bason</td>
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Regional Cross Country

A great day for the inaugural Central District Cross Country on May 19th at the Buderim Cricket grounds.

MCSHS had 60 competitors running against Beerwah, Caloundra, Chancellor, Kawana, Maleny, Maroochydore, Meridan, Siena and Unity Secondary Schools.

We won the Boys trophy with 186 points and the Girls trophy with 191 points giving us the Overall Champion School with 377 points. Siena was our nearest rival 286 points away from us!

Well done to all our runners and Support Team.

Runners who placed in the top 10 were:

BOYS: Kyle Aimer, Eden Bason, Joe Lowe, Cody Anderson, Jack Bowen, Harry Gill, Sam Benstead, Bryce Street, Tristan Grobler, Alex Wright

GIRLS: Ruby Lawrence, Lara Votcheloo, Jessie Winkler, Devon Beveridge, Lucinda Kelly, Eloise Rees, Isabelle Blackstone, Drew Beveridge, Delfina Sutjiada, Lisa Breedt, Millie Wilson, Kirriena Raymond

Congratulations to those runners who qualified to go to the Regionals Championships on June 3rd: Kyle, Eden, Joe, Ruby, Jack, Harry, Lucinda, Eloise, Bryce, Drew, Delfina, Tristan, Alex, Millie and Mikayla Leslie.

Great running Creekers, we are very proud of you.

AFL Program News

U16 AFL Queensland Championships

The Sunshine Coast Regional U16 AFL team was made up of 10 Mountain Creek girls and 13 from other schools in the region.

There were some memorable moments for Courtney Murphy (Yr 9) rucking it with the best in Queensland. Dani White, Jacinta Skuse, Taylah Whitaker and Brooke Randall (Yr 9) with great defence and some big tackles in the back line. Tahlia Randall dominated the centre, passing the ball to Emma Day who kicked 6 goals in the first game against Wide Bay. Jemma Abbott and Calista McKenzie were consistently attacking and moving the ball. While Mel Ingall showed her versatility and played some of her best football.

Special mention to Mili Reed (10H) who played for Wide Bay and proved to be one of their strongest players.

All girls should be congratulated on their selection, their effort and outstanding sportsmanship.

Final results were SCR 3rd place. Tahlia Randall (11S) named Most Valuable Player for SCR and Mili Reed and Tahlia Randall were selected in the Queensland team, to play at the National Championships this July in Sydney.

Open Creekers Rugby League Undefeated Start to Season

Following success in taking out the Sunshine Coast Gala 9 a side Tournament, our Creekers Open Rugby League team have remained undefeated into 3 rounds of the SEQ Broncos ‘Andrew Gee Shield’.

In Round 1 the Creekers beat local Sunshine Coast rivals Nambour in a shortened game 22 points to 10.

In Round 2 the boys had to work hard for a comprehensive 26-6 victory over a very big and physical Beenleigh SHS team.
Round 3 brought torrential conditions in which the Creekers put in a very controlled and smart game to come out winners 28-0 over Sandgate SHS.

Stand out players throughout the first three games have been Jake Loiero, Chase Simpson and Connor McCabe. Congratulations to coach Shane Shillig and the team on a great start to the season, upcoming games on the road will see the team take on Redcliffe SHS, Cavendish Road SHS, and Alexandra Hills SHS.

Congratulations and good Luck to Jake Loiero and Brody Riseborough in Representing the Sunshine Coast in the State Schoolboys Open Rugby League Titles in Mackay starting on the 22nd of May.

Dan Roberts
Rugby League Development Program

Lions Guard of Honour

Mountain Creek was invited to have five junior girls to be a part of the Brisbane Lions on Field Guard of honour for the recent game against the Sydney Swans. Olivia Blake, Elissa Kemsley, Ellise Logan, Alex Leslie and Aimee Dawson represented Mountain Creek for this unique experience.

AFL Academy

The Mountain Creek Senior boys AFL team is still on track to play finals football in the AFL Queensland School of Excellence Cup. The Senior boys defeated Victoria Point 111 to 1 with strong team performance. A match up with fierce rival Palm Beach Currumbin looks likely in the semi-final stage of the competition next term if the boys continue the winning streak.

Rugby Union Boys Top the Table!

Congratulations to the Open Boys Rugby Union Team! At the end of the regular season the lads have put together 8 consecutive wins to top the table leading into the Finals Series. The boys, coached by Doc Fleming with assistance by a number of fathers of the lads, have played controlled Rugby and worked hard in all conditions to be successful! The boys have trained hard all season – out of school time and have put in a tremendous effort to get to the finals! We wish them all the very best for their upcoming games. Special thanks must go to Doc Fleming and his team of volunteer coaches, managers and assistants for their positive support of the lads throughout the season – many thanks from all at Mountain Creek High for your dedication and hard work with these boys!

Queensland Volleyball Representatives

At the recent Schools U/19 and U/16 Queensland Championships two Creekers were named in Queensland School Volleyball Teams.

In the U/19 Girls team, Caitlin Buttenay, in Year 11, was named in the Queensland team for the upcoming New Zealand Quad Series. This is being held in Tauranga on the North Island in early June. We wish Caitlin all the best for this tournament as this is the peak tournament of schools Volleyball. The tournament finishes with the annual Test Match between selected Australian and New Zealand teams – always a highlight on the Volleyball calendar!

In the U/16 group, Emily Baldry, in Year 10, was an integral part of the Sunshine Coast team that came home with the Gold Medal. Emily was named in the Queensland Schoolgirls team to go to Adelaide in August to compete in the School Sport Australia National Championships. This is a very exciting and competitive tournament which Emily will thoroughly enjoy!

All the best to both of these talented young athletes as they represent Queensland!
News from Student Services

Health Heroes

Year 10 & 11 Health classes were given an opportunity to attend Healthy Heroes at Kawana State High School.

There were many stands where staff were happy to discuss with the students the potential roles they could have working in Health, Paramedic’s, Nursing (Midwife, Surgical), School Based Youth Health Nurse) Allied Health, Fire Brigade Emergency response, Family Planning etc.

This was complemented by the number of training organisations offering and discussing courses they run (TAFE, Universities etc.) and explaining the opportunities available.

Overall it was an informative day where the students were able to gather a lot of information around what a future working in Health may look like.

Youth Health Nurse Requires Volunteers!

Over the years our students have benefited from a happy tradition of parental support for the Immunisation program. Parent (or grandparent) helpers keep our students calm throughout the process of lining up before and after the injections. They do this by chatting with students while they wait in line, directing them to a quiet seat afterwards, getting them a glass of water or just providing reassurance to any anxious young people throughout the day.

Volunteers are always appreciated by our staff and students as their involvement brightens the Immunisation process for everyone concerned. No volunteers are responsible for First Aid which remains a responsibility of the medical staff in charge.

There is presently a need for volunteers during the Y8 Immunisations on June 10th between 10.30am and 4pm. If you are able to help for part of or all of this time then please phone Kerry on 54578304.

Buderim Youth Festival

Make sure, on the Saturday 7th June from 3pm-7pm, you head to Buderim Primary School Oval for an afternoon of epic fun! Fusion Sunshine Coast are putting on an excellent afternoon of activities in collaboration with the Sunshine Coast Council and HOT 91.1 FM. There will be a laser show, music, competitions, rides and heaps more! It is going to be an excellent afternoon so make sure you head down and check it out!

Free Entry and only for young people aged 12-17 years old.

Fusion Sunshine Coast does an amazing amount of work on the Sunshine Coast for young people. Keep an eye out for their Streetwork bus (mybus) at Alex Headlands and Sippy Downs Skate Park.

Alex Headlands Skate Park on Wednesday arvo’s 4pm-5.30pm
Sippy Downs Skate Park on Thursday arvo’s 4pm-5.30pm

They also put on some excellent games and activities on a Thursday during junior lunch (1pm) at Creeker Central! Come see them and say ‘hi’!

Sarah Guest Chaplain

Australian Defence Force Long Tan Youth Leadership and Teamwork Awards

The ADF Long Tan Youth Leadership and Teamwork Awards started in 2006 to recognise students who demonstrate leadership and teamwork within both the school and the broader local community. At the same time, they recognise those who display strong values, such as doing one’s best, respect for others and “mateship”, characteristics that are integral to Australian society.

Congratulations to Mountain Creek State High School’s Year 11 student, Joel Ives. Joel is a recipient of the Australian Defence Force Long Tan Youth Leadership and Teamwork Award. Monday 12th May 2013 SGT Adam Need of the Royal Australian Air Force presented the award and $250 to Joel Ives during Year 11 Assembly.

Healthy Lifestyle Tips

With the season changing it is a good time to remind students, parents and the school community not to be complacent about flu as it is a highly contagious and serious disease.

Symptoms may include sudden fever, cough, muscle aches and pains, fatigue, headache, sore throat or a stuffy or runny nose.

If your child has flu-like symptoms, the following is advised:

- keep your child at home and don’t send them to school;
- avoid letting them visit aged care facilities and hospitals, if possible, so that they don’t pass the...
Children with some existing medical conditions are at increased risk of complications and parents are recommended to have them vaccinated against influenza each year. These conditions include:

- heart disease;
- severe asthma;
- chronic lung condition;
- chronic illness requiring medical follow-up or hospitalisation in the past year;
- diseases of the nervous system;
- impaired immunity; or
- diabetes

**Kerry McClenaghan**  
*Youth Health Nurse*

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**Would $500 assist with your child’s school costs?**

Join Saver Plus and match your savings, dollar for dollar, up to $500 for education costs including uniforms, textbooks, laptops, sports equipment and music tuition.

You may be eligible if you:

- have a Health Care Card or Pensioner Concession Card
- are 18 or over and
- have some paid income from work (you or your partner).

Contact Linda Stacey, your local Saver Plus Worker:  
07 5451 1069 / 0488 291 563 or saverplussc@thesmithfamily.com.au

*Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered to the Sunshine Coast by The Smith Family. Saver Plus is funded by ANZ and the Australian Government.*